

## FATS, OILS & GREASE

When fats, oils, and grease cool inside pipes, they can cause clogs that may lead to backups in either your home's pipes or Scituate's sewer system.

- Never pour FOG down sink drains, into toilets, or garbage disposals.
- To dispose, pour FOG into a covered disposable container and refrigerate it. Throw the container away on your trash day.
- Before washing pans or dishes, soak up extra oil with paper towels and scrape fatty foods into the trash.
- Put baskets or strainers in sink drains to catch food scraps and other solids, then empty them into the trash.

### CAN THE GREASE

You are protecting Scituate's pipes when you:

**COOL IT!**



**CAN IT!**



**TRASH IT!**

## THE ORIGINS OF FOG

Most household grease is a byproduct of cooking usually found in:

- Cooking oil
- Sauces
- Butter and margarine
- Lard
- Food scraps
- Dairy products

Do not dump these items down the drain!



## Scituate Sewer

Say "NO" To

**FOG**

Fats, Oils, and Grease



**SCITUATE**

**SEWER**

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## THE FACTS ABOUT FOG

Fats, Oils, and Grease (FOG) represent one of the largest problems for sewer utilities and their customers. Blockages due to solidified grease in pipes are a leading cause of sanitary sewer overflows (SSOs). Often unintentional, SSOs are backups in either the public sewer system or residential plumbing, and lead to costly repairs.

## KEEP FOG OUT OF PIPES

Vegetables NOT cooked with grease, butter or oils can go into the garbage disposal. Just remember, FOG that goes down the drain will accumulate and may eventually cause costly blockages and SSOs.

### DON'T DUMP FOG!

**COOL IT!**

**CAN IT!**

**TRASH IT!**



After cooking, let FOG cool in the pan then pour into a can. Cover the can with a Scituate reusable grease lid and store in the freezer. When the can is full, remove the lid and put the can into the trash on your regular trash collection day. Save the lid for the next time you need to dispose of FOG from your household. To order a free Scituate Grease Lid, please visit our website at [www.scituatema.gov/sewer-division](http://www.scituatema.gov/sewer-division) or give us a call at (781) 545-8736. Please note, grease lids are for Scituate residents only.



**DON'T POUR FOG  
DOWN THE DRAIN!**