

Clutter Reduction Peer-Led Support Group

Fall 2017 – Spring 2018



Is Clutter ...

- Taking over your home or workspace?
- Creating safety problems in your home?
- Affecting your life and your relationships?

NEW 8-SESSION WEEKLY PEER-LED GROUP starting in the month of October

WEDNESDAYS

1:00 p.m. – 2:30 p.m.

First Trinitarian Congregational
Church of Scituate
381 Country Way, Scituate MA



Meeting Dates:

(No meeting 11/22 due to Thanksgiving Week)

October 18th

November 15th

October 25th

November 29th

November 1st

December 6th

November 8th

December 13th

- Group designed for people seeking to learn about how to manage a clutter or hoarding problem with focus on goal setting and follow-through.
- Find support and motivation among others who may have similar concerns.
- The group is being offered free of charge.
- Participants are asked to purchase the book, “Buried in Treasures,” by Tolin, Frost, & Steketee; available online or limited copies available to lend.
- You do not need to live in Scituate to join.
- Seats are limited and pre-registration required to attend.

For more information – or to register – contact:

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