Attention: Visitors Entering Massachusetts

Attention Visitors

All visitors are expected to self-quarantine for 14 days, except for those traveling from **New England**, **New York** and **New Jersey**.

Massachusetts expects <u>all</u> visitors to:

- wear masks or face coverings in public places when you can't keep 6 feet from others
- practice social distancing and frequent handwashing to prevent the spread of COVID-19

Healthcare, Public Health, Public Safety, Transportation and other essential workers are exempt from the 14 day self-quarantine requirement.

Visit mass.gov/COVID19 to learn more.

YOUR COMPLIANCE IS EXPECTED







Symptoms of COVID-19 can include:

- Fever $(100.4 \degree F/38 \degree C \text{ or higher})$
- Cough
- Shortness of breath

If you have symptoms:

- Call ahead before you go to a doctor's office or emergency room.
- Tell the doctor about your recent travel and your symptoms.
- Avoid contact with others.