

Scituate Council on Aging Board Meeting  
October 12, 2017  
Scituate Senior Center

Present: JD Miller, Board Chair; Gordon Price, Vice-Chair; Board Members Lucille Sorrentino, Leslie James, Janice Desmond, Janice Lindblom, Helen Jablonski; Linda Hayes, COA Director; Elaine Shembari, FOSS and SCOD Liaison.

Not Present: Caitlin Coyle, Henry Yeh, SSES Liaison Joan Powers

Meeting called to order at \_\_\_\_\_.

Board acceptance of September minutes.

Director's Report:

- General: The COA will get a new phone system with the \$2000.00 being paid out of the budget. The new phone system will be transferable to a new location in the future. Linda met with Al Bangert to discuss logistics.
- Senior Tax Work-Off Program: Linda has placed almost 16 seniors this year compared to 7-8 in previous years. She will be working on a guidebook, application packet and updating forms. Linda will also research new departments in town for placements. Two seniors assisted Linda with updating the Trinitarian Congregational Church's database.
- Featured artist of the month is John White who also happens to be a van driver for the COA.
- Staff meeting was held the 2nd week in September.
- Linda met with staff members either 1-on-1 or in groups for updates and to get a handle on what they do and how much they are doing. All staff members submit weekly reports.

Programs:

- Linda is trying to schedule time at the old Gates school during the evening for dance classes and Zumba.
- The Aging Mastery Program (AMP) began last month with 12 participants and the 4th meeting was today.
- SEF Grant: Handout on the grant program. Seniors who participated in the AMP in previous years will be contacted to participate. The program will run 8 weeks, from January to March) with one of the goals being to develop social relationships.
- Linda is looking for participants for Men's Yoga and she went to the Men's Breakfast to recruit members. The Men's Yoga will be held on Wednesday's at 9:45am in the SHCB.

- A new Tai Chi class begins this week and will go for 24 weeks. There is a new part-time/back-up leader who will be helping run the classes.

#### Partnerships:

- FOSS fashion show on Saturday, September 16.
- SEF Passport Day on September 5 at the COA .
- Met with JD and Caitlin for Advisory/Long-Range planning sub-committee. Discussed was Age-Friendly Scituate campaign to be spearheaded by the COA Board with the TA sign-off.
  - Goals: Age-friendly and Dementia-friendly community. (see handout)
  - Objectives: Community based training in Dementia-friendly attitudes and services.
  - Memory Cafe at the Sr. Ctr for both Dementia patients and their caregivers.
  - Provide opportunities for understanding and interaction among age groups.
  - Policies and Procedures for identifying future clients of the Sr. Ctr.

#### Upcoming Events:

- Health Fair on October 24 at St. Mary's
- Halloween Party with Magical Moon Foundation on October 29 at the SHCB. The party will take place after the parade.
- MCOA Conference October 18-20
- Rotary Club sponsored dinner at St. Luke's on October 22 from 5-6:30pm.

Staff reports: Transportation, Outreach, Activities reports submitted to the Board.

- Events targeting caregivers is different than other activities. Caregivers find it hard to get away and attend.
- Trips are very popular and can be teamed with Cohasset for larger groups. The Turkey Train was today, October 12.
- Jenny Gerbis will be interviewing Norm for an episode of Seniorities. They will also be doing a presentation on open enrollment for Medicare Part D on November 8 at 10:30. Open enrollment starts on 10/15. Norm can help with mailed in applications.
- The 12-person van is in the shop getting the muffler fixed. Not all the drivers are able or enjoy using the 14-person, but Jim can drive it. The 10-person van is the least popular.
- Laura's report is due next month. Her reports are quarterly.

#### Liaison Reports:

- SCOD: New officers were elected and are listed on the town website.

- The Accessibility Awareness Forum is on November 4 at the SHCB from 11:00am-2:00pm. Safety and Assistance will be speaking on what is available in the community. The forum is geared towards handicapped and there will be speakers and vendors.
- Elaine is no longer a member of the board. She is resigning.

#### FOSS:

- The Fashion Show raised \$1314.13
- Trivia night is from 6:00pm-10:00pm on October 20. Al Kozlowski will be the MC. Pizza and dessert will be served. A Christmas Tree skirt will be raffled at the event.
- An afghan raffle will begin on Trivia night and tickets will be sold at 3 events: Trivia, 10/22 and the Christmas Fair.

#### Senior Center Site Locations Discussion:

- The BOS want to have an open forum with the COA Board.
- The survey results are available on line as well as the comments.
- Gordon broke down the comments:
  - 123 out of 565 want a new center built
  - 82 did not seem to have the correct info.
  - 39 expressed a concern with the price
  - 31 wanted a multigenerational center.
  - 35 questioned why Pier 44 is not being looked at.

#### Old Business: Committee Assignments:

- Janice Desmond presented preliminary COA Board By-Laws. Changes were discussed and agreed upon.

Meeting adjourned at 7:16pm

Janice Lindblom