# Scituate Council on Aging Board of Directors Meeting Scituate Senior Center 333 First Parish Road March 10, 2022

In Attendance: JD Miller (Chair), Susan Drevitch Kelly (Vice-Chair), Board members Marie Fricker, Deirdre Dwyer, Pat Carleton, Leslie James, Director Linda Hayes, Staff Activity & Volunteer Coordinator Jessica Souke, FOSS Liaison Elaine Schembari

Meeting called to order at 5:34pm.

Motion to accept the minutes of February minutes by Pat Carleton and seconded by Leslie James.

Linda introduced Jessica Souke.

## Director's Report:

- Linda expressed appreciation for staff that are all working hard at the Senior Center.
- Pool Tournament: 16 participants, winner received a free lunch; Some came and watched; A plaque will be on display with the winner's name and will continue every year.
- Bocce is expected to come back; The Rotary Club wants to start back up using the court Thursday afternoons.
- FOSS donated a cornhole set.
- Sue Scheible wrote an article on Fred and he was also featured on WBZ radio.
- 90 people have come to the Senior Center for help with taxes.
- Art for the Mind: 75 people signed up; kept a wait list; 65 attended.
- Linda is interviewing 2 candidates for the full time custodian position to be shared with Recreation; Nick "floats" for the town and has been helping out.
- Senior Citizen Employment program—after March Linda will pursue something else
- Tax Work Off: Linda is trying to find more positions in town and is thinking about a valet for the SC or using a golf cart to pick up seniors who need to park far from the entrance. Parking spots fill up by 10:30.
- Linda is teaching Tai Chi Tuesdays and Thursdays through March
- Building update: 1 week ago was the warranty walk-through. Items found were water stain, paint, ceiling, shelving, fireplace, aesthetics, fan switches in the bathrooms. The outdoor lights on the building will be modified/dimmed.
- Art exhibits and reception is 3/22, 4:30-7:00pm. Art work displayed is Gates Middle School students. Teachers, students and their parent/guardian are invited. April 1 the High School art will be displayed.
- Discussed were more exhibit options to be planned by 3-person committee to decide what to display.
- The St. Patrick's day parade is March 20th. The Senior Center will have the van and a flatbed with the Brown Bothers. It will be a "thank you" to the town. Marie Fricker suggested a "pot of gold at the end of our rainbow" as a theme.

- The building use application is almost done and will go to the BOS/TA for approval. Community groups i.e. Sister City, Garden Club, Veteran Affairs. The VA will have a mobile van to assist veterans in signing up for benefits.
- The Parade Committee Game Night was moved to St. Mary's parish hall.
- Susan Drevitch Kelly mentioned the "Art In Bloom" show for the Garden Club.
- Linda discussed the SEF grant application and Community Challenge through AARP. Funds could be used for outdoor exercise equipment like the Marshfield Senior Center. The Age Friendly group needs next action steps.
- Deirdre Dwyer and Marie Fricker volunteered for the Lifelong Learning Committee.

# Activity/Volunteer Coordinator Report:

- Jessica Souke commented on her monthly report that was submitted to the committee. (See attached)
- Wellness program has really taken off.
- 3/15 there is a Veteran's breakfast
- Junk Box Engineering activity includes such items as pipe cleaners, tools, paperclips, etc. Every session is a different challenge.
- Vibe at the Center is fun/positive due to the lunch program and seniors who stay after to attend programming.
- Jessica is looking to add to the fitness program, a healthy heating program, a garden series and additional time to socialize pre/post activities.

#### Volunteers:

- There is a steady increase, close to 60
- May increase supports for seniors through the Friendly Visitor program i.e. reading mail, meal prep, errands, handyman, companion rides for the van.
- Volunteering gives people meaning and purpose.

## FOSS:

- 4/12 is the Meet Julia Child event. It starts at 1:00 and there is a Q&A session. 70 people have signed up and the event is full. Pastries and flowers will be supplied. FOSS is considering a 2nd event in the Fall.
- New FOSS officers: Jean Young (President), Elaine Shembari (VP), Andrea (Secretary), Sara Obert-Keefe (Treasurer)

#### New Business:

• Susan Drevitch Kelly spoke of the Gen2Gen program that connects seniors and younger people. Susan also suggested a theater program at the Center.

Meeting Adjourned: 6:42pm

Respectfully submitted by Janice Lindblom