**SENIOR CENTER LUNCH PROGRAM – Monday through Thursday; served at 12:00**

We request lunch reservations be made at least 2 days before and only up to two weeks in advance. **We also request you limit your dates for lunch each week to a maximum of 3 days so others may have a chance to attend.** Lunch cost is $5.

If you have made a reservation and need to cancel, please notify us 1 day in advance so that another patron can be called from the Wait List OR LATEST BY 9:00 AM. Please be mindful of the dates for which you have registered or check with the Front Desk to be reminded.

**PLEASE *inform kitchen staff if you have any food allergies before having lunch with us.***

**MENU FOR MARCH**

Mon, Mar 4Baked ham, baked potatoes, carrots

Tue, Mar 5\*Quiche Lorraine, Greek lemon soup

Wed, Mar 6 Lasagna with meat sauce, garlic bread

Thu, Mar 7 Seafood casserole, rice, green beans

Mon, Mar 11 Meatloaf, mashed potatoes, broccoli

Tues, Mar 12\* Grilled pork chops, garlic mashed, corn

Weds, Mar 13 Penne with sausage, peas and pesto

Thurs, Mar 14 St. Patrick’s Day Luncheon – Corned Beef & Cabbage, boiled potatoes, carrots

Mon, Mar 18 Chicken Piccata, rice pilaf, peas

Tues, Mar 19 Pork tenderloin with apples and cabbage

Weds, Mar 20 Fettucine alfredo with roasted vegetables

Thurs, Mar 21 Baked haddock, mashed potatoes, sautéed spinach

Mon, Mar 25 Braised short ribs, cheesy polenta, carrots

Tues, Mar 26 Open-face turkey Reuben, sweet potato fries

Weds, Mar 27 Spinach lasagna w/ marinara sauce, garlic bread

Thurs, Mar 28 Shrimp risotto with mussels

EVENT REMINDERS:

\*March 5 & April 2 – Bingo with John Ross at 1:00pm;
March 12 & April 9 – S-INGO (MUSICAL Bingo) w/DJ Ed Kelley at 1:00pm

Thursday, March 21 – **Hearing, Hearing Loss & Treatments** w/Dr. Mark Parker at 1:00pm

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**MENU FOR APRIL**

Mon, Apr 1 Chicken piccata, roasted potatoes, garlic spinach

Tues, Apr 2\* Grilled ham and swiss on rye with pea soup

Weds, Apr 3 Spaghetti and meatballs, garlic bread

Thurs, Apr 4 Seafood casserole

Mon, Apr 8 Pot roast with roasted potatoes, carrots

Tues, Apr 9\* Vegetable frittata with cottage fried potatoes

Weds, Apr 10 Baked pasta with chicken

Thurs, Apr 11 Baked haddock, baked potato, roasted butternut squash

Mon, Apr 15 CLOSED FOR PATRIOTS DAY HOLIDAY!

Tues, Apr 16 Quiche Lorraine, soup du jour

Weds, Apr 17 Penne with meat sauce, garlic toast

Thurs, Apr 18 Shrimp scampi with linguini, buttered peas

Mon, Apr 22 Meatloaf, mashed potatoes, green beans

Tues, Apr 23 Ham and cheddar quiche, soup du jour

Weds, Apr 24 Spinach lasagna with marinara, garlic toast

Thurs, Apr 25 Baked haddock, lyonnaise potatoes, peas

Mon, Apr 29 Caesar salad with grilled chicken

Tues, Apr 30 Baked ham with pineapple sauce, lyonaisse potatoes, broccoli

Weds, May 1 Spaghetti & meatballs, sautéed spinach

Thurs, May 2 Shrimp risotto with peas, garlic bread

EVENT REMINDERS:

Men’s Breakfast – **Tuesday, April 2** w/special guest speaker our Town of Scituate Board of Health Director Andrew “Drew” Scheele

\*\*Special program – **Friday, May 3** – Entertainment with guitarist/singer/songwriter Matt York at 1:00pm! Willie Nelson program celebrating Willie’s 91st birthday!